



## Protein Brownies

Using Muscle Milk's Protein Chocolate Shake, create this delicious brownie recipe for all your favorite chocolate lovers.

**Serving Size: 6 servings (12 brownies)**

**Preparation Time: 10 minutes (plus 35 baking and cooling time)**

### Ingredients

- 1 bottle of Muscle Milk® Protein Chocolate Shake (14oz)
- 1 ½ cups oat flour
- 1/2 cup unsweetened cocoa powder
- 1 large egg
- 1/2 cup Greek yogurt
- 1 teaspoon vanilla extract
- 1/2 teaspoon baking powder
- 1/2 teaspoon of salt
- 1/3 cup dark chocolate chips

### Directions

- Preheat the oven to 350°F and grease a square baking pan with coconut oil or line it with parchment paper.
- Combine the dry ingredients in a large bowl: oat flour, cocoa powder, baking powder, and salt.
- Whisk the egg, vanilla, Greek yogurt and the Muscle Milk® Protein Chocolate Shake in a separate container until the liquids are fully integrated.
- Pour the wet ingredients over the dry ones and fold gently until you obtain a thick, dark batter.
- Transfer the mixture into the pan and spread evenly using a spatula.
- Scatter the chocolate chips over the top.
- Bake for 20 to 25 minutes. The center should remain slightly moist when inserting a toothpick to ensure they don't dry out.
- Let cool completely before cutting & enjoy!